

What is claimed is:

1. An interlabial pad for absorbing body fluid having a substantially elongated shape having a longitudinal direction and a lateral direction provided with a size, weight and flexibility allowing to be pinched and held between the labia without forcing, comprising a body side face orientated to the body side
5 and an opposite side face to body orientated to a garment side:

wherein the interlabial pad has a finger insertion cavity, formed along the longitudinal direction on said opposite side face to body, for inserting a finger of the wearer, and an opening portion of the finger insertion cavity
10 constitutes a finger insertion opening for directly securing an opening in the fingerbreadth in planar directions of said opposite side face to body;

said finger insertion opening serves to guide the fingertip of the wearer to a portion (finger application point) of said opposite side face to body corresponding to an area (application point) of said body side face applied to a
15 predetermined position between the labia of the wearer; and

a finger insertion restriction portion for restricting the advance of the insertion of the finger from said finger insertion opening in said finger insertion cavity, is provided in the vicinity of said finger application point.

2. The interlabial pad of claim 1, comprising:

20 a mini sheet piece disposed in a way to stride from one side to the other side taking the longitudinal direction of said interlabial pad as a central axis, on the opposite side face to body of said interlabial pad wherein said finger insertion opening is formed between the mini sheet piece and said opposite side face to body.

- 25 3. The interlabial pad of claim 1 or 2, wherein said finger insertion restriction portion is formed as a portion where a part of said finger insertion cavity is narrow.

4. The interlabial pad of claim 1 or 2, wherein said finger insertion restriction portion is formed by binding said opposite side face to body each other.

5 5. The interlabial pad of claim 1 or 2, wherein a width dimension in said lateral direction of said finger insertion cavity is formed to reduce gradually from said finger insertion opening to said finger insertion restriction portion.

6. The interlabial pad of claim 1 or 2, wherein an interval dimension of said finger insertion opening and the finger insertion restriction portion is 10% to 80% of the length dimension in the longitudinal direction of said opposite side
10 face to body.

7. The interlabial pad of claim 1 or 2, wherein said finger insertion restriction portion is formed to position near one end edge in the longitudinal direction of said opposite side face to body.

8. The interlabial pad of claim 1 or 2, wherein said finger insertion
15 restriction portion comprises a fingertip exit for protruding the nail tip of the inserted finger.

9. The interlabial pad of claim 1 or 2, wherein said finger insertion restriction portion is formed at a position biased to the center thereof by a predetermined distance in the longitudinal direction from one end edge in the
20 longitudinal direction on said opposite side face to body.

10. The interlabial pad of claim 1 or 2, wherein said finger insertion cavity comprises a finger insertion compulsory portion for tilting compulsorily the finger insertion direction toward said finger insertion restriction portion on the opposite side face to body.

25 11. The interlabial pad of claim 10, wherein said finger insertion compulsory portion is formed by a shape of folding said mini sheet piece into said finger insertion cavity.

12. The interlabial pad according to claim 1 or 2, wherein the interlabial pad is used together with a sanitary napkin.

13. The interlabial pad according to claim 1 or 2, wherein said interlabial pad is a pad for incontinence of urine.

5 14. The interlabial pad according to claim 1 or 2, wherein said interlabial pad is a pad for absorbing vaginal discharge.

15. A wrapping body comprising the interlabial pad of claim 1 or 2 and a wrapping container containing said interlabial pad, wherein said interlabial pad is contained and folded such that said finger insertion opening opens when said
10 wrapping container is unwrapped.

16. The wrapping body of claim 15, wherein said wrapping container comprises a mark indicating an unwrapping direction which is the same direction as an insertion direction of the finger into said finger insertion opening.

17. The wrapping body of claim 16, wherein said mini sheet piece in said
15 interlabial pad is folded outwardly in a shape swelling toward the body side.